#### **JUL2021**

SUN	MON	TUE	V	/ED	THU	FRI	SAT
					01	02	03
0	4	05	06	07	08	09	<b>10</b> Nationals or Super Y
1 Nationals or Super Y	1	12	13	14	15	16	<b>17</b> Super Y
<b>1</b> Super Y	8 Preseason Sports Per Training M T-TH	f	20	21	22 Preseason Sports Perf Training M-W or T-TH	23 NIKE SHOWCASE	24 NIKE SHOWCASE
2 NIKE SHOWCASE	Preseason Sports Per Training M T-TH	f	27	28	29 Preseason Sports Perf Training M-W or T-TH	30	31

### AUG2021

SUN	MON	TUE	WED	THU	FRI	SAT
01 WSA Showcase	<b>D2</b> Preseason Sports Perf Training M-W or T-TH	03	04	<b>05</b> Preseason Sports Perf Training M-W or T-TH	06	07
08	<b>09</b> Preseason Sports Perf Training M-W or T-TH	10	11	12 Preseason Sports Perf Training M-W or T-TH	13	<b>14</b> Scrimmages and/or Super Y
15 Scrimmages or Super Y	<b>16</b> Preseason Sports Perf Training M-W or T-TH	17	18	<b>19</b> Preseason Sports Perf Training M-W or T-TH	20	21 Scrimmages
22	23 In Season Sports Perf Training	24	25	26 In Season Sports Perf Training	27	28 Beginning of Season
29	<b>30</b> In Season Sports Perf Training	31				

## **SEP2021**

SUN	MON	TUE	WED		THU	FRI		SAT
				01		02	03	<b>04</b> Midwest Labor Day Invt'l
<b>05</b> Midwest Labor Day Invt'l	06 In Season Sports Perf Training	07	7	08		09	10	11
12	13 In Season Sports Perf Training	14	l	15		16	17	18
19	20 In Season Sports Perf Training	21		22		23	24	25
26	27 In Season Sports Perf Training	28	3	29		30		

## OCT2021

SUN		MON	TUE	١	WED	THU	FRI	SAT
							01	02
	03	0 In Season Sports Perf Training	4	05	06	07	80	8 09
	10	1 In Season Sports Perf Training	1	12	13	14	15	5 16
	17	1 In Season Sports Perf Training	8	19	20	21	22	23
	24	2 In Season Sports Perf Training	5	26	27	28	29	30

# NOV2021

SUN		MON	TUE	١	WED	THU	FRI	SAT
		<b>D1</b> In Season Sports Perf Training		02	03	04	4 05	06
	07	<b>08</b> In Season Sports Perf Training		09	10	11	l 12	13
	14	<b>15</b> In Season Sports Perf Training		16	17	18	3 19	20
	21	22 In Season Sports Perf Training		23	24	25	5 26	27
	28	<b>29</b> OFF Season Sports Perf Training		30				

#### **DEC2021**

SUN		MON	TUE		WED		THU	FRI	SAT	
						01		02	03	04
	05	<b>06</b> OFF Season Sports Perf Training		07		08		09	10	11
	12	<b>13</b> OFF Season Sports Perf Training		14		15		16	17	18
	19	20 OFF Season Sports Perf Training		21		22		23	24	25
	<b>26</b> 3: OFF	<b>27</b> OFF Season Sports Perf Training		28		29		30	31	

Season Sports Perf Training