



TRAIN. PLAY. COMPETE.

# WINTER FUTSAL PROGRAM

**GOALS:** Fun, Skill Development, Engaging Offseason

**METRICS:** Coach Evaluation

**PROCESSES:** Periodization Schedule

**WHO:** U10 thru U14 B&G

**WHEN:** November thru February



# JANUARY



# 2024

SUN MON TUE WED THU FRI SAT

	1	2 BOYS ONLY 5:15 & 6:30	3	4 GIRLS ONLY SESSIONS	5 GIRLS SESS #3	6 GIRLS TOURNEY	BRANSON Shootout
BRANSON Shootout	7 GIRLS TOURNEY	8 BOYS ONLY SESSIONS	9 GIRLS ONLY SESSIONS	10 2010 - 2013 B&G TRAINING	11 BOYS ONLY SESSIONS	12 BOYS SESS #3	13 BOYS TOURNEY
BRANSON Shootout	14 BOYS TOURNEY	15 GIRLS ONLY SESSIONS	16	17 2010 - 2013 B&G TRAINING	18 BOYS ONLY SESSIONS	19 GIRLS SESS #4	20 IN HOUSE TOURNEY
21	22 GIRLS ONLY SESSIONS	23	24 2010 - 2013 B&G TRAINING	25 BOYS ONLY SESSIONS	26 3v3 Tourney	27 IN HOUSE TOURNEY	T-TOWN SHOWCASE
T-TOWN SHOWCASE	28	29 GIRLS ONLY SESSIONS	30	31 2010 - 2013 B&G TRAINING	1 BOYS ONLY SESSIONS	2 BOYS SESS #4	3

# FEBRUARY



# 2024

SUN MON TUE WED THU FRI SAT

				1	2 BOYS SESS #4	3 IN HOUSE TOURNEY
	4	5	6	7	8	9 GIRLS SESS #5
	11	12	13	14	15	16 BOYS SESS #5
	18	19	20	21	22	23 3v3 Tourney
FUTURES CUP NIKE ACADEMY	25 FUTURES CUP	26	27	28	29	24 FUTURES CUP NIKE ACADEMY
						1 3v3 Tourney
						2



# MARCH

# 2024

SUN MON TUE WED THU FRI SAT

3v3  
1  
TOURNEY

3v3  
8  
TOURNEY

3 4 5 6 7 9

10 11 12 13 14 15 16

17 18 19 20 21 22 23  
SPRING BREAK SPRING BREAK  
BREAK SPRING BREAK SPRING

24 25 26 27 28 29 30

31

